Kempton Coaching & Training 5899 Caporale Court Suite A, Santa Rosa California 95403 United States of America



Michelle Kempton BA, CPCC, MCC

I am 100% dedicated to supporting you in becoming the best leader you can be.

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Michelle Kempton is a Master Certified Coach, passionate about leadership development and organisational change. As founder of Kempton Coaching and Training, she is an expert in the coach approach to leadership, cultural intelligence and employee engagement. She delivers high-energy training programs that challenge participants to pay attention to what matters most. With 18 years of experience in course design, she provides outstanding experiential learning programs in 30 countries. She partners with companies in a human-to-human approach, guiding them through an evolutionary process that unleashes their potential. With the highest accreditation from the International Coach Federation, she has facilitated courses in multiple industries including medicine, law, sports, education, banking and Fortune 500 companies. Michelle pioneered the coach-approach to leadership in Europe, the Middle East and Latin America. Michelle has worked with the Spanish Football Federation and the Spanish Olympic Committee, accompanying the Synchronised Swim Team before the World Championships in Shanghai (winning 5 medals). She is the creator of the 7Ps Program, used to train professional athletes all over the world, and the inspiration for the book '7 Ps para Brillar.'

She has designed and facilitated Masters Programs at the University of Salamanca, the University of Oviedo, the University Francisco de Vitoria, the University of Barcelona and the International MBA program at EADA. She is the creator of the D.R.I.V.E. Model, a coaching framework used in everyday leadership to unlock potential and possibilities. She is also the creator of the 4F Feedback Model, a powerful tool for fostering growth and building a feedback-rich culture.



Global Leadership & Corporate Training Experience

Austria • Belgium • China • Czech Republic • Denmark • Egypt • France • Germany • Indonesia • Israel • Lithuania • Mexico • Netherlands • Norway • Oman • Peru • Poland • Portugal • Singapore • Slovakia • Spain Sweden • Switzerland • Turkey • United Arab Emirates • United Kingdom • United States • Uruguay • Venezuela

Languages

 $\mathsf{English} \cdot \mathsf{Spanish}$



Sample Client Organisations